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OWEN WILLIAM POINTING

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Sadly passed away peacefully on Sunday 9th September 2012.

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x x



IN MEMORIAM

In loving memory of Michael Walker

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your wife Deborah, Demi, Pele, Carlton, Mum, Natalie, Ron and all the family.

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Faces in the news | People and places making the news this week



Islington youngsters who took part in a social action programme graduated on Friday.

Summer of Change, part of the government's National Citizen Service programme, saw 70 teenagers work in teams to design and deliver a social action project.

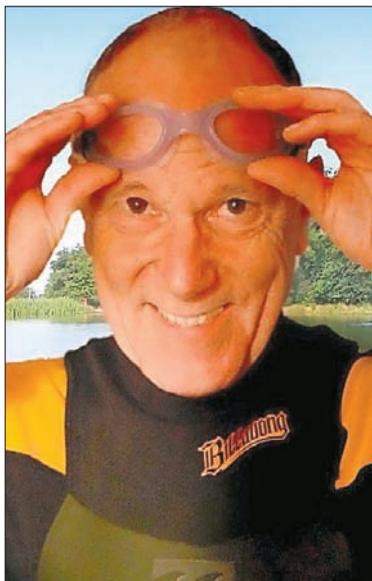
The youngsters celebrated their achievements at a graduation event held at Platform Youth Hub in Hornsey Road, Holloway.

The scheme was delivered by youth leadership charity Changemakers and Islington Council.

Islington swimmer Richard Divers powered his way down a 10-mile stretch of the Thames earlier this month.

The Hungerford Road resident, who trains at the Caledonian Road pool in Islington, was one of 200 people who took part in the Bridge to Bridge Swim between the Henley and Marlow bridges.

Mr Divers, who has also swum across the stretches of sea separating Europe from Asia, and Italy from Sicily, said: "The other participants all seemed to be triathletes. Most were about half my age - I'm 67 - and some a third. I knew there was no chance of competing against them. I just wanted to see if I could swim 10 miles. It would be the longest distance I've ever swum."



A new choir for mothers and babies will meet every week at St Mary's Church in Upper Street.

Big Little Singers was formed by Karen Eaves when she was unable to find a daytime music activity that she could take her baby along to.

The choir will be run by professional singer and conductor Hannah Brine, who will teach a wide range of songs, including pop, gospel and jazz pieces.

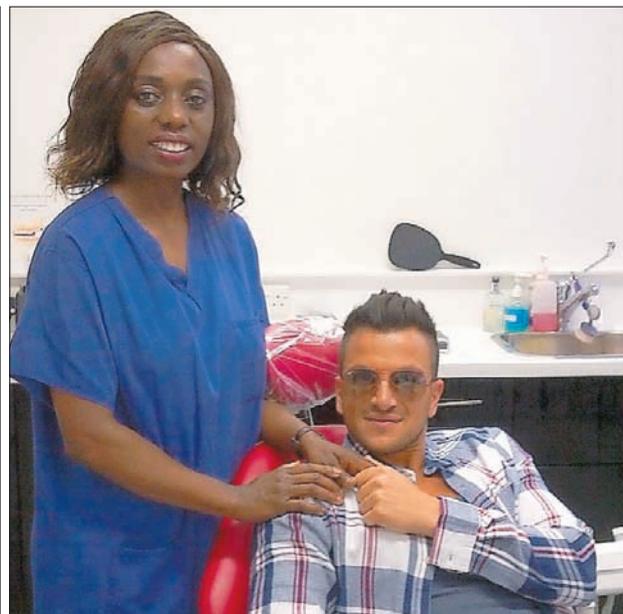
Explaining the benefits of singing with your child, Ms Eaves said: "Singing is a great activity for new mums. It releases endorphins

that make you feel good and helps tone up the body by exercising the abdominal muscles and stimulating the circulation."

"Babies recognise melody before they recognise language, so singing is a fabulous way to communicate with your baby and strengthen the parent-child bond."

Big Little Singers starts on Tuesday at St Mary's, Upper Street, Islington, and will run from 2pm to 3.30pm.

The cost is £50 per 10-week term, and there is a £7 weekly drop-in rate.



It was all smiles at a local dental practice after it starred in Peter Andre's latest TV programme.

The Smile A Moment Studio, in City Road, Finsbury, featured on ITV2 show Peter Andre's Bad Boyfriend Club when the singer and a production crew dropped into the practice for an episode shown last month.

Its principal dentist Dr Sarah

Kasasa appeared on the boyfriend improvement show again last Wednesday as an expert.

She said: "Filming was a lot of fun and Peter was happy to chat to the staff and have his pictures taken with them."

"We are hoping this might lead to even more TV appearances in the future and attract even more celebrities to the practice."

Whittington Hospital consultant Dr Caroline Allum has been nominated for a top industry award in recognition of her "outstanding" commitment to improving patient experience.

The radiologist and associate director of quality and medical appraisal at the hospital in Magdala Avenue, Archway, is in the running to be named Clinical Leader of the Year in the Health Service Journal Awards.

Her many achievements over the past 12 months have included carrying out work to find out how to improve patient experience.

She has also implemented a new system of pagers for patients waiting for an appointment, so that they are able to leave the waiting area.

Dr Allum also co-wrote Whittington Health's Quality Account and instigated the development of an online health risk assessment tool to engage the local population in dialogue about their health.

She said: "Although it has been



hard work, I have really enjoyed the projects I've worked on over the past 12 months.

"My core value is to deliver better and safer services for our patients."

Dr Allum will find out if she has won the award on November 20 at the Grosvenor House Hotel in Park Lane, central London.

